

Exercise A: Watch the video: *12 Cognitive Biases Explained: How to Think Better and More Logically.*, From the *Practical Psychology* website (10:08 run time). 12 Cognitive Biases Explained: https://www.youtube.com/watch?v=wEwGBlr_Rlw

12 Cognitive Biases: Anchoring bias, Availability heuristic, Bandwagon effect, Choice supportive bias, Confirmation bias, Ostrich bias, Outcome bias, Overconfidence, Placebo bias, Survivorship bias, Selective perception, Blind spot bias

Exercise B: Read up on implicit bias.

An excellent short treatment on implicit bias is available at <https://perception.org/research/implicit-bias/>

Another is at <http://kirwaninstitute.osu.edu/research/understanding-implicit-bias/>

Understanding Implicit Bias: What Educators Should Know by Cheryl Staats. *American Educator*, Winter, 2015-16. Available at https://www.aft.org/sites/default/files/ae_winter2015staats.pdf

Exercise C: Watch the TEDx Talk: Are you biased? I am. By Kristen Pressner.

This TEDx Talk can be found at: https://www.youtube.com/watch?v=Bq_xYSOZrgU.

After viewing, consider these discussion prompts.

1. Comment on how this talk provides examples of implicit bias existing beneath a person's awareness, inaccessible to the person's own introspection.
2. Comment on how this talk illustrates that an implicit bias can be directly opposed to a person's explicit beliefs and values.
3. Comment on how this talk provides ideas for surfacing implicit bias.
4. Comment on how you might make personal applications of ideas from the talk.

Exercise D: Take an IAT (Implicit Association Test) and debrief the experience. IATs in a number of domains are available at: <https://implicit.harvard.edu/implicit/takeatest.html>
After taking an IAT of your choice, debrief the experience with colleagues. What was predictable? What was surprising? What lessons were learned about the nature of implicit bias?

Exercise E: Link implicit bias to prejudice, stereotype, and discrimination. Watch the 9:53 video Prejudice & Discrimination: Crash Course Psychology #39.
<https://www.youtube.com/watch?v=7P0iP2Zm6a4>